

Volume 39

Issue 8

Established 1975

# THE Rowe Goal Post August 2020



#### Town Clerk

Submitted by Paul McLatchy III

I apologize for the length of this article, but a lot has taken place in the last month. Thank you to the voters of Rowe for giving me the opportunity to serve as town clerk for another three years. I am as excited about it now as I was a year ago when I first took office.

Office Hours: As town hall remains closed, regular office hours have been cancelled. Work is still being done, just not under any set hours. I check my phone, email, and mailbox at least four days a week, so if you need something please do not hesitate to contact me at town hall.

Dump Tag Renewals: Dump tag renewals are being handled by the Board of Health Clerk. I can sell stickers once you run out, but I am not involved in issuing tags. If you have not done so already, please mail your payment of \$25 (made out to Town of Rowe) to the Board of Health at town hall.

Annual Town Election: First, I would like to just say a HUGE "thank you" to the voters of Rowe. I read articles in the paper for nearby towns and saw emails from other clerks around the state. Most were pleased that 35-40% of those who voted did so by mail. Rowe? 90%. Out of 136 ballots cast in the annual election (an 11% increase over last year), 123 of those were mailed in. There is no other way of saying it: thank you, thank you, THANK YOU! I enjoy voting as much in person as anyone else, but we are living in unusual times. I am proud that I live in a community where people are taking this pandemic seriously and respect each other's safety and health.

Thank you to Ramon Luis Sanchez for serving as warden, Lauren Werner for stepping up

last minute as election clerk, as well as Mary Paige who agreed to be a teller, and Paul McLatchy Jr. for filling a last-minute opening as the other teller. As I was on the ballot, to avoid even the appearance of impropriety, Paul McLatchy Jr. was replaced by Colleen Avallone for counting. Thank you to Colleen for helping in that role. Also thank you to Francis Noyes for serving as police officer, as both the elected and appointed constables were on the ballot and unable to work.

It was nice to see that there were candidates for all but one position this year. There has been a lot of turnover and unfilled seats in years past, so it was great to see that people were interested in public service. All but one ballot candidate held their position through prior election or appointment, so it was also uplifting that incumbents with experience and knowledge desired to continue in their roles. Too often people serve one term and then step down. When it takes 2-3 years to learn some roles, people are usually just getting a firm grasp on the intricacies of the position when their time is up.

The following is a <u>summary</u> of the annual results, detailed results can be found on the website. Other than the Planning Board, all seats are for three-year terms.

Board of Assessors	Rick Williams* Blanks	125 11
Board of Health	Dan Poplawski* Others Blanks	122 2 12
Board of Selectmen	Joanne Semanie Jennifer Morse* (WI) Blanks	79 43 14
Cemetery Commission	on Marilyn Wilson* Others Blanks	102 6 28
Constable	Henry Dandeneau* Blanks	123 13

Finance Committee (2 Seats)	Loretta Dionne* Paul McLatchy III* Others Blanks	102 116 5 49
Library Trustee	Rebecca Bradley* Blanks	125 11
Park Commission	Laurie Pike* Blanks	122 14
Planning Board (5 Years)	Jessica Albrecht* Others Blanks	89 6 41
Planning Board (2 Years)	Walt Quist (WI) Lauren Werner (WI) Others Blanks	4 4 17 111
School Committee	Susan Zavotka* Others Blanks	107 5 24
Town Clerk	Paul McLatchy III* Others Blanks	125 3 8
Gracy House (Non-Binding)	Demolish Renovate Blanks	74 43 19

<sup>\*</sup> Incumbent, either from previous election OR appointment to fill a vacancy. WI Write-in

Due to a tie for the 2-year seat on the Planning Board, there was a failure to elect. If you are interested in being appointed to fill the seat until the May 2021 annual election, please contact Planning Board Chair David Roberson. Marilyn Wilson declined her seat on the Cemetery Commission, which will be filled by appointment until the 2021 election. Thank you to both Jennifer Morse and Marilyn Wilson for your service to the town. Welcome to new Selectman Joanne Semanie.

Early Voting by Mail: Under recently passed legislation, all voters in Massachusetts are to receive mail-in applications for early voting by mail due to the pandemic. These will appear in the form of a small postcard with pre-printed information on it and can be used to apply for either or both elections. A polling station will be open for those who want to vote in person, but as with the annual election, I am encouraging everyone who is willing to do so to vote by mail. Blank applications are available upon request and will be available outside the town hall doors. Special prepaid envelopes are being provided by the state, and at the time of submission they have not been received yet. If you have not received your early ballot yet, you should receive it within the first week of August.

<u>Primary Election:</u> The state primary election will take place on Tuesday, September 1<sup>st</sup>. Due to requirements set by the state, the location is likely to shift from the town hall to another town building with more space (currently exploring the fire station and school). Times have not been set but are likely to be 7 AM to 8 PM. Please check the website for updates as the next Goal Post will not likely be available until after the election is held.

Tellers: I am still looking for tellers for the September Primary and the November General Election. While I was able to reduce the hours for the local election, I do not believe we will be able to do the same for the state/federal elections as those are set by the state. Pay is \$13.00 an hour, meals are provided, and work is very quiet and non-demanding, especially if participation is done mostly through mail like the annual election. Please contact me if you are interested in being appointed.

<u>Conflict of Interest/Ethics & Open Meeting Law</u> <u>Compliance:</u> All appointed and elected town officials, as well as town employees, are to be given a summary of the Conflict of Interest Laws, which they then sign a receipt saying they have received. They are also required to take an online ethics training, which will generate a certificate upon completion. This certificate is good for two years. Members of boards and committees will also be given a copy of the Open Meeting Law, which has a signature page as well. With very few exceptions, nearly all ethics certifications have expired. Basically, if you have not heard from me, your ethics training has expired. Links can be found under the town clerk page on the website for the training and copies of the summaries are available for download. I am keeping track of who is up to date and who is not, and I will be contacting (AKA: nagging) people to bring them into compliance.

Swearing In: All newly elected and appointed officials must see me or the town moderator to be sworn in. Appointments can be made to be sworn in outside of town hall, and I am extending the traditional thirty-day window to sixty days given the circumstances. That said, those who have not been sworn in or at least contacted me after sixty days will be considered as having declined their position(s).

Assistant Town Clerk: There is a job description available on the town website for an assistant town clerk position. It is lengthy and may seem a bit daunting, but the work will be limited and is intended to be more of a back-up and for filling in during absences. The annual stipend is \$1,200. If you are interested, please contact me at town hall.

#### Yoga classes are still on-going at the beach!

Tuesdays (weather permitting) from 9-10am and are FREE for Rowe residents. Class size limited to 10 for social distancing so preregister by contacting Kate Peppard at kate@highland-yoga.studio or call the park at 339-8554. A great way to start your day!

#### From the Town Hall

Submitted by Janice Boudreau

Chair Chuck Sokol and Ed Silva welcomed newly elected Joanne Semanie to the Board of Selectmen at their first regular board meeting on July 13<sup>th</sup>. Joanne has served the town in various roles: currently as Board of Health Clerk, on the Gracy House Committee and as former Town Treasurer. She has regularly attended Board of Selectmen's meetings for over a year, so has prepared well for the role. In addition, she is involved with the Rowe Historical Society and has an active role with the group.

In discussion at the July 13th meeting were the Goals for the Board of Selectmen for the coming year. Chuck Sokol said he would like to work with the School Committee and have a more active presence with fiscal planning for the future sustainability of the school. Ed Silva wants to continue his work with the Highway Department and develop a more comprehensive long-range plan for the next 20 years for Rowe roads. Joanne Semanie expressed interest in working with town hall administrative staff as they work on reviewing, updating, adding to and indexing all town policies. In addition, she would like to work with the Accounting department to review procedures and overseeing fiscal responsibility for all departments.

Appointments have commenced for the FY21 year, and, on behalf of the Board would like to thank all of you who continue to volunteer to serve the town. You are a vital part of Town Government.

Summer projects include work on the King's Highway Bridge replacement project, fully funded by state grants and paving of Pond Road and a part of Leshure Road up to Ford Hill Road funded by Chapter 90 Funds. The request for assistance from the state for rebuilding Yankee

Road which is deteriorating badly has been approved by the State House of Representatives, however, did not make the Senate version. We were notified by Senator Adam Hind's office that there is still hope that in conference committee debate the amendment will make the final bill for the governor's approval.

Town Hall employees are working regular hours and, if you require assistance, and we are accommodating requests by appointment only. Call ahead and schedule your brief visit. For the safety of all, Town Hall remains closed to the public as does the Fitness Room. We thank you for you understanding and patience during this challenging time.



A beautiful pair of Sandhill cranes was seen on Tunnel Road by Dan Burke and photographed by Selmi Hyytinen

Members from Rowe and Charlemont Fire Rescue receiving a briefing on our joint drill. Roof operations and VEIS was the topic.





# Rowe Town Library News

Submitted by Molly Lane, Library Director

#### **Library Hours:**

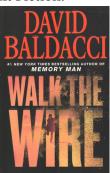
Tuesday & Saturday 10-5, Wednesday 10-8

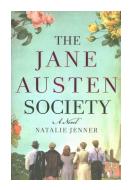
The library will be reopening for browsing by appointment starting Tuesday August 4th. We are so excited to be able to open our doors to the public again. Browsing appointments will be a available on Tuesday and Wednesday 10-1 Thursday 3-7 and Saturday 10-12. Appointments are for one household at a time. So that could be just you or yourself and everyone that lives with you. These are 30 minute appointments, mask required, and in between we will sanitize all high touch surfaces before the next appointment. Please call us to set up your appointment time. We are still happily offering curbside pick up as well.

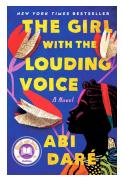
Also inter library loan is now allowing libraries to put holds in the delivery system which means you can start ordering books from other libraries again. We hope this helps us all feel a little better in these difficult times.

#### Some New Items This Month

#### Adult Fiction:



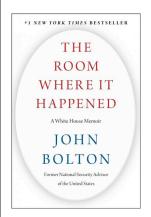


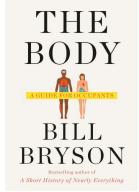




#### Some New Items This Month

#### Adult Non-Fiction:







#### Audio CD:



#### DVDs:

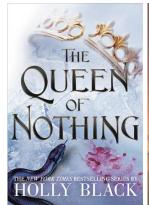


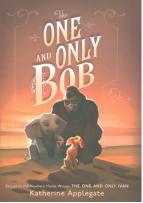


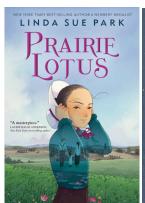




### Young Adult:

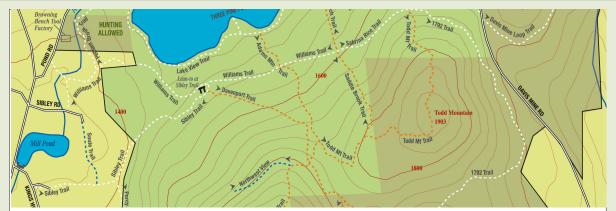






#### Kids:





-Submitted by Sean Loomis, Park Manager

Summer is in full swing down here at the park and the park staff have been busy out on the trails. All the trails have been weed wacked and pruned and are ready for summer recreation. There are new bog bridges on the Lake View Trail and a new drainage ditch on the Davenport Trail. Work has been done to the Dead Moose Trail and the Adams Mt. Trail has been rerouted near the top of the trail by the saddle. There are also new signs out on most of the trails, so come on down and check it all out!

Along with the park staff out on the trails, there are the park attendants at the beach area who are monitoring and enforcing the COVID-19 guidelines. The park attendants will be checking stickers, which are required for Rowe residents to enter the park, and stickers will be provided for residents who do not have one. Also, guest passes are required for guests coming to the park. The pass can only be used for one family at a time and guests cannot bring their own guests down with them. As a reminder, please practice social distancing while using the park facilities and interacting with other park users. There have also been some updates to the COVID-19 guidelines for the park. There will be no lifeguards for the remainder of the summer, so visitors will swim at their own risk. The kayaks, canoes, and paddleboards are now available for use. Please see one of the attendants to sign out the boats. Equipment will be cleaned by the park attendants after each use, and the life jackets are only available for boats and will not go out for swimming.

The August senior picnic will be held on Thursday, August 20<sup>th</sup>. Seniors who want to participate will have their food cooked for them and then delivered to their house. The deadline to sign up is Monday, August 17<sup>th</sup>, and those who are interested can sign up by calling the Park at 339-8554 or by emailing <a href="mailto:roweparkdept@hotmail.com">roweparkdept@hotmail.com</a>.

The Summer Recreation Program began on July 20<sup>th</sup> and is being directed by Hannah French. This is a four-week program designed for participants to do at home. Participants are equipped with their own Nature Kit bags that contain a nature journal, hand lenses, observation boxes, pencils, scissors, and glue sticks. Participants will study Powerful Patterns, Inspiring Insects, Vile Venom & Terrific Toxins, and Wonderful Water, all with their special Nature Kit Bags and the weekly packets. Any questions can be directed to <a href="mailto:RoweSummerRecreation@gmail.com">RoweSummerRecreation@gmail.com</a>.





Summer Rec Program materials



Trail building

Replacing bog bridges

#### Pelham Lake Park Forest Stewardship Planning Project

As we move into the final stages of this project, we need your help deciding on appropriate Sustainable Forest Practices for use within the Park. We encourage review the material on the Town Webpage. We are working on the Forest Stewardship Management Plan. We will be posting a second, short survey for your feedback on potential Sustainable Forestry Practices within the forest ecosystem. We invite you to the Goals, Objectives, and Sustainable Forestry Practices Zoom Workshop.

Meeting Information: For our Workshop on August 13 at 7:00pm Join Zoom Meeting

https://zoom.us/j/95507633455

Meeting ID: 955 0763 3455

Join by phone: +1 646 558 8656 US (New York)

Contact Mary Wigmore with any comments or questions at wfrmanagement@gmail.com or 413.628.4594

#### Summer in Rowe at Rocklawn-Part 2

Continuing our look into a summer in 1896 with Fredericka Farley.

"Miss Sadie Waste was our friend and cook that summer of 1896. The good question, as I look back, must had been interesting and, at that time seemed perfectly simple. No ice – and all fresh food was kept in the cellar. The walls of the cellar were painted (white-washed) every spring and the cellar was always dry and fresh.

"The Cream Room" was near the west side of the cellar in about the middle. It was an enclosed space made of hard wood open only on the south side. There were two shelve in it. Only milk, cream, and butter were kept there. We got all our milk, fresh and unpasteurized, from the farm of Mr. Adna Hicks not far away on Ford Hill Road. Every evening the milk was delivered to us by Mr. Hicks' son, Charles. Immediately upon its arrival it was poured into three tin pans that were about 12 to 18 inches in diameter and four inches high. These pans were put as quickly as possible on the shelves in the 'Cream Room'. First thing in the morning, the cream, heavy and rich, was skimmed off with the cream skimmer and used for cereal, cocoa (from cocoa shells), tea, coffee and on fresh fruit and berries. The milk was also part of the young folks dinner and supper. Everything went well unless there was a thunderstorm when the fresh milk was very apt to sour. However, then we had cottage cheese, curds and whey, gingerbread or pancakes. So nothing was wasted.



Old Peddlar David Carr

The milk pans required special handling every day by the girls when they washed the breakfast dishes. The pans were rinsed in clean, cool water: washed in soapy warm water; rinsed in scalding water; dried with a tea towel; and placed on the milk shelf which was on the east side of the house so the morning sun could sterilize the pans. We never had sour milk pans!

On the side of the cellar opposite the cream room was a large space on the cellar floor made to catch the ashes from the big fire place just above it. That fireplace was the original cooking center in the kitchen of the old house. That room is now the dining room.

The fresh meat supply was our biggest food problem. Our meat was delivered by the meat man from his cart on Fridays – usually a leg of lamb. Fresh fish from Mr. Call, who was the fish man, came with his fish cart on Thursdays when we usually bought swordfish. Sometimes we had extra fish caught by the boys on fishing jaunts to the various brooks or ponds. On Sundays, we usually had a chicken from a nearby farm. Fresh vegetables came from our own garden planted by Fred Browning in the spring and carried on by us after our arrival in July. Bread was baked by a neighbor or Miss Waste. Sugar, flour and sundry staple supplies came from Ben Henry's store. So we lived well!

After dinner one or more of us walked down to the Post Office in the General Store in the Village which was kept by Ben Henry. (The store was just below where the Library is now). We would pick up the mail and come back home. The walk down the road wasn't hard, but the walk back up was a test of our endurance.



Our afternoons were filled with exploring the country-side, climbing South Mountain (Adams), picking berries as they came in season and selling them for five cents a quart. We weeded and cared for the vegetable garden as it needed it and cut the lawn grass as it was necessary. Perhaps a swim in the pool or a picnic at some slightly spot. Pulpit Rock was a favorite place.

Weekends were busier times. On Saturdays, we had added to our daily duties, the opening, airing, sweeping and dusting of the Unitarian Church and getting it ready for Sunday service. Out we'd go to the woods and fields to pick whatever flowers wee in blossom along with some trailing greens to decorate the church. We always left the minister's reading desk empty because cousin Julia Browning always brought a vase of flowers from her garden for that special place. She often had lovely poppies and on rare occasions she brought a vase full of beautiful fringed gentians which she had picked at a secret place known only to her. After the service she carried her special flowers back home to her house on Zoar Rd so her summer guests could enjoy them longer."

# Spontaneous Coronary Artery Dissection (SCAD) – what women in particular need to know!

Submitted by Sheila Litchfield, RN, Town Nurse

Dear Goal Post readers, this will be my final article as your Town Nurse. Some years ago I received a letter from a resident sharing her experience with SCAD and urging me to submit an article to inform others about this uncommon problem. Read on and stay safe and healthy! Sheila

Spontaneous coronary artery dissection — sometimes referred to as SCAD — is an uncommon emergency condition that occurs when a tear forms in a blood vessel in the heart, resulting in slowing or blocking blood flow to the heart, causing a heart attack, abnormalities in heart rhythm or sudden death. When the inner layers of the artery separate from the outer layers, blood can pool in the area between the layers. The pressure of the pooling blood can make a short tear much longer. Blood trapped between the layers can form a blood clot (hematoma).

SCAD most commonly affects women in their 40s and 50s, though it can occur at any age and can occur in men. People who have SCAD often don't have risk factors for heart disease, such as high blood pressure, high cholesterol or diabetes.

SCAD can cause sudden death if it isn't diagnosed and treated promptly. Seek emergency attention if you experience heart attack symptoms — even if you think you are healthy and not at risk of a heart attack.

#### Signs and symptoms of SCAD may include:

- Chest pain
- A rapid heartbeat or fluttery feeling in your chest
- Pain in your arms, shoulders or jaw
- Shortness of breath
- Sweating
- Unusual, extreme tiredness
- Nausea
- Dizziness

#### Risk factors for SCAD include:

- Female sex. Though SCAD can occur in both men and women, it tends to affect women more than men.
- Recent childbirth. Some women who have had SCAD have recently given birth. SCAD has been found to occur most often in the first few weeks after delivery.
- Underlying blood vessel conditions. Fibromuscular dysplasia (FMD); Diseases that cause inflammation of the blood vessels, such as lupus and polyarteritis nodosa, have also been associated with SCAD. Arteries that are twisted (tortuous arteries) are more common among people who have had SCAD.

- Inherited connective tissue diseases. Genetic diseases that cause problems with the body's connective tissues, such as vascular Ehlers-Danlos syndrome and Marfan syndrome, have been found to occur in people who have had SCAD.
- Very high blood pressure. Severe high blood pressure can be associated with SCAD.
- Illegal drug use. Using cocaine or other illegal drugs may increase your risk of SCAD.
- SCAD can happen more than once, despite successful treatment. It may recur soon after the initial episode or years later. People who have SCAD may also have a higher risk of other heart problems, such as heart failure due to the damage to the heart muscle from heart attacks.

If you experience chest pain or think you might be having a heart attack, don't wait, call 911. If you live alone, get a medic alert call button – it might be the only way you can make an emergency call!





#### They're Back! Prevent Mosquito Bites!

Mosquitoes can spread diseases that make you sick. In Massachusetts, mosquitoes can give you eastern equine encephalitis (EEE) virus or West Nile virus (WNV). EEE can cause severe illness and possibly lead to death in any age group. EEE does not occur every year, but based on mosquito sampling, a high risk of occurrence of human cases currently exists.

Outbreaks of EEE usually occur in Massachusetts every 10-20 years. These outbreaks will typically last two to three years. The most recent outbreak of EEE in Massachusetts began in 2019 and included twelve cases with six fatalities. The first EEE positive mosquito sample within the State this season was detected in Orange on 7/2/20 and Wendell 7/6/20. Risk levels remain elevated through to frost.

The best way to avoid both of these illnesses is to prevent mosquito bites.

You can be bitten at any time. Most mosquitoes are active from just before dusk, through the night until dawn.

There are steps that you can take to protect yourself and your family from mosquito bites, and the illnesses they can cause.

Protect yourself from illness by doing simple things:

Ц	Use insect repellents any time you are outdoors
	Wear long-sleeved clothing
	Schedule outdoor activities to avoid the hours from dusk to dawn during peak mosquito season
	Repair damaged window and door screens
	Remove standing water from the areas around your home

For more information, including current risk levels and findings of EEE and WNV in Massachusetts see <a href="https://www.mass.gov/mosquitoes-and-ticks">https://www.mass.gov/mosquitoes-and-ticks</a> or contact Regional Public Health Nurse Lisa White for more information at 413-665-1400 x 114.

Submitted by the Board of Health



Jim and his grandson Jay almost smiling! (He said that the Williams don't smile for pictures!). They were up at our house on Potter Road doing some work outside on a beautiful day.

photo by Courtenay Brines

# Need odd-jobs done??

My name is Emily Crowningshield and if you're looking to hire a local teenager for miscellaneous work, odd jobs, dog sitting and/or babysitting ... you can reach me at (413)-339-0149. Thanks!

#### BIGFOOT spotted!



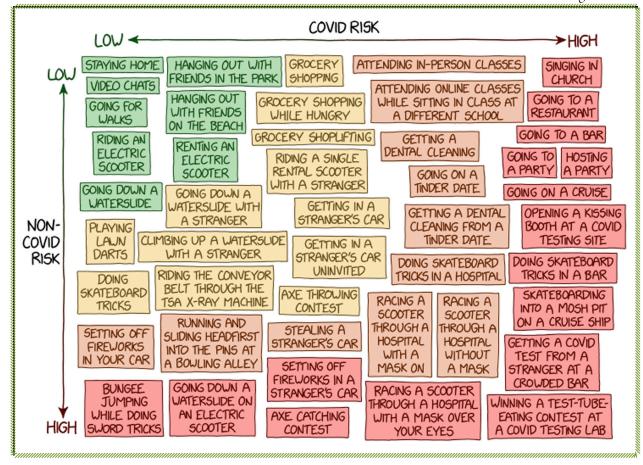
Bigfoot was spotting trudging through the beaver meadow across from Jim Carse's house by Becky Richardson. Thanks for the photo Becky!

#### A Thank You

I had a bit of an episode at the transfer station on Sunday, July 19. Several people helped me out. I know who they are. I thank each of them for assisting and covering for me when I couldn't do for myself. I hope that all stay safe and well. Good neighbors are the best.

Sincerely,

Jim Lively





The Rowe Center is pleased to offer residents and those who work for the town the opportunity to experience one of our weekend workshops once a year free of charge. For more information about programs. or to register, please go to our website www.rowecenter.org or call our registrar at 339-4954.

Due to the importance of abiding by the CDC and the governments's recommendations regarding social distancing, the Rowe Center will not be holding any in-person camps this summer. Check our website, www.rowecenter.org for updates as the situation evolves.

#### Cat Owner?

Trying to find if a local cat has an owner in town. Orange adult intact male cat has been hanging around Newell Cross Road lately. Don't let his "I hate you" look fool you- he's an extremely friendly and loving cat. Does not look abused or neglected, but no one in the area seems

to know who he belongs to, if he does indeed have a home. If he belongs to you, please contact Paul McLatchy at 413-

768-8971 or pmclatchy@hotmail.com.





#### **Rowe Community Church**

Submitted by Ros Mullette

All are welcome to join us in worship on Sundays at 9:00 a.m.

August

- Worship & Praise Service & Observance of The Lord's Supper
- Worship & Praise Service
- 16 Worship & Praise Service
- 23 Worship & Praise Service
- Worship & Praise Service

Bible Studies are held on Wednesdays at 7:00 p.m. and are currently being done via phone conferences; studies will be held on Aug. 5, 12, 19, and 26.

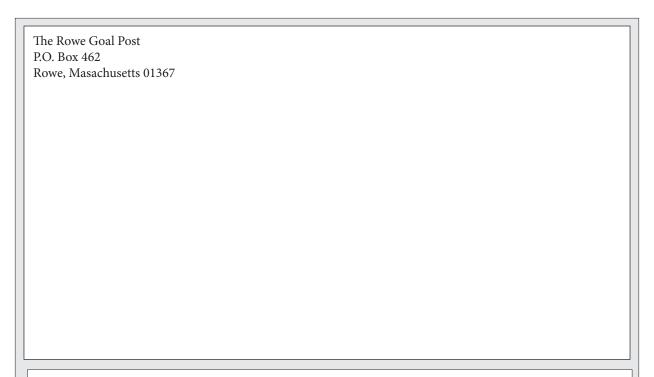
# **August Birthdays**

- 1 Henry Dandeneau
- 2 Doris Fensky
- 2 Norma Denson
- 4 Nicole Denouden
- 3 Virginia Gary
- 6 Benjamin Rose-Fish
- 6 Lenny Laffond
- 6 Raymond Boutwell
- 8 Ellynn Packard
- 13 Richard Hamilton
- 13 Linda Avery
- 14 Robin Booth
- 16 Raymond Wilson
- 20 Jay Williams
- 22 Andrea Crowningshield
- 23 Leah Posl-Lumbis
- 24 Presley Veber
- 24 Daniel Wessman
- 25 James Sousa
- 25 Eugene Donovan
- 27 Kyle Shippee
- 27 Rebecca Katz
- 29 Shannon Haddock
- 30 Herbert Butzke
- 31 Jeanette Crowningshield



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Town	Or	MCOS
20111	201	VILLOS

'I own Services						
Accountant	Wed	9:00-12:00 (or by appt)	339-5520 x12			
Admin Assistant	M,T,Th,F	8:00-12:00,12:30-4:30	339-5520 x10			
Assessor's Clerk	Monday	3:30-5:30pm	339-5520 x15			
Fire Station		Emergency - 911	639-4001			
Executive Secretary	Mon-Thurs	9:30-5:00	339-5520 x11			
Fitness Ctr	Mon-Fri	8:00-5:00	339-5520 x21			
FRTA Sr. Bus	Tuesdays	9:00	774-2262 x103			
Historical Society	(by A <sub>l</sub>	opt)	339-4238			
Library	Tues, Sat 10:0	0-5:00, Wed 10:00-8:00	339-4761			
<u>Park</u>	Mon- Friday		339-8554			
Police Dept	Wed	5:30-7:30pm	339-8340			
Post Office	Mon-Fri 12:1	5-4:15, Sat 8:30-11:30	339-5390			
Rowe School	Mon-Friday	8:00-3:15	512-5100			
Tax Collector	Wed	8:00-2:00	339-5520 x19			
Town Clerk	M,T,Th,Fr	7:00-8:00am, 4:30-5:30pm	339-5520 x14			
Town Garage	Mon-Thurs	6:30-4:30	339-5588			
Town Nurse	Mon,Wed,Fri	9:00-5:00	339-5520 x20			
Transfer St.	Wed 7-10am,	-	339-0216			
Treasurer	<u>Sat 8-2, Sun 8</u>	<u>12</u>	339-5520 x16			



#### The Rowe Goal Post

Available on the Town's website (https://rowe-ma.gov/p/64/Rowe-Goal-Post) the first of every month with paper copies sent out by mail the first week

Published by the Board of Selectmen 'in the interest of information exchange between all departments and all Rowe citizens.'

All submissions for the next issue are due by the 25th. Any articles received after this time cannot be guaranteed that they will appear in the next issue.

Please e-mail all items to: GoalPostEditor@gmail.com

Please send only high resolution images (do not resize).

If you have a question about your subscription or want to make a change to the mailing list, please contact the Town Administrator at:

(413) 339-5520 x11 admin@rowe-ma.gov

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